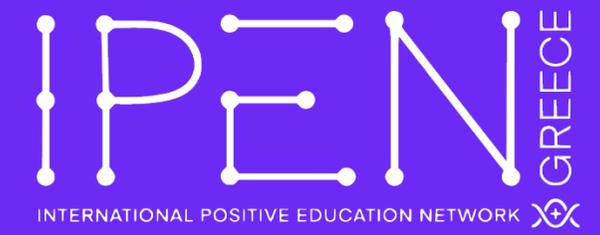
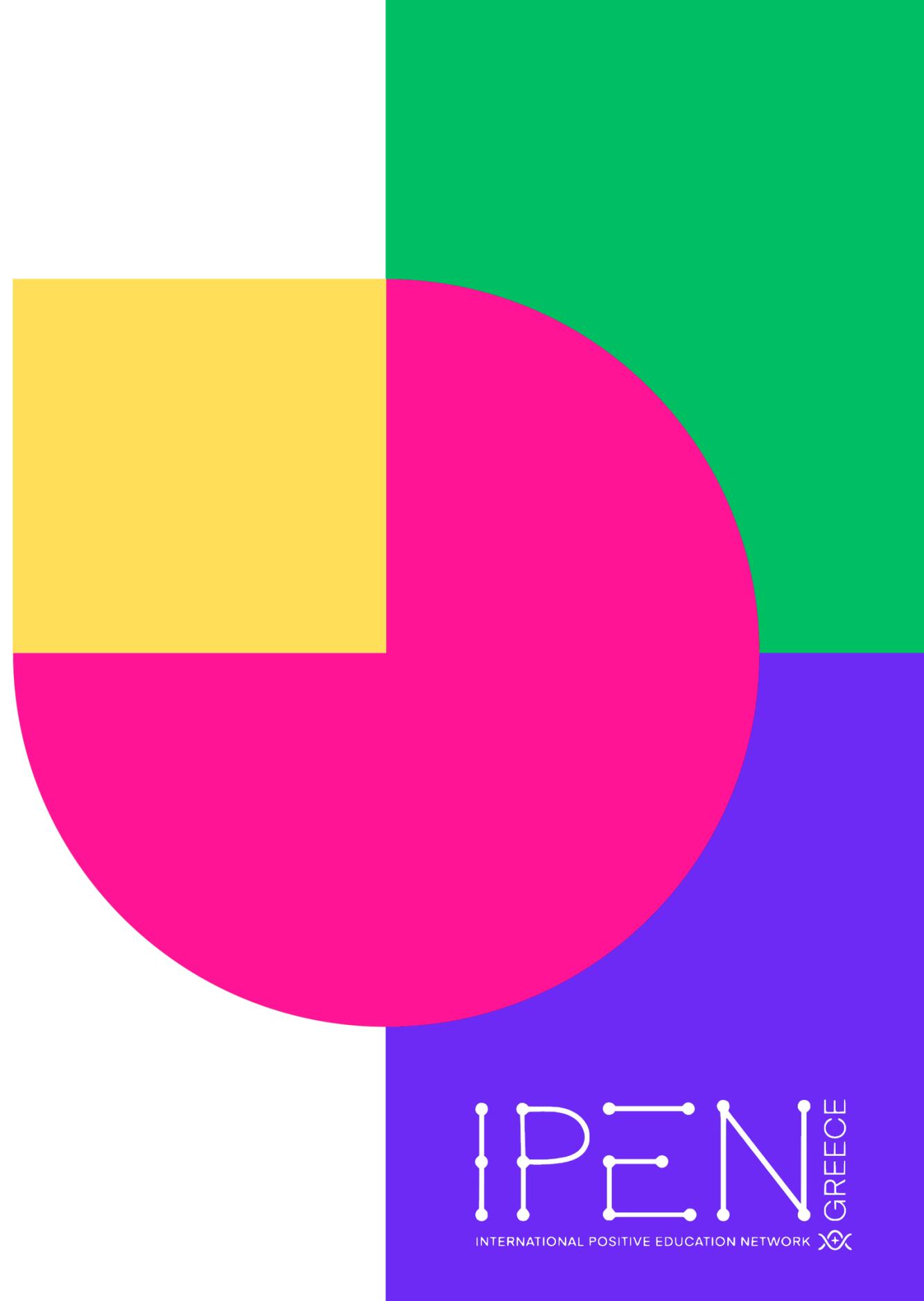


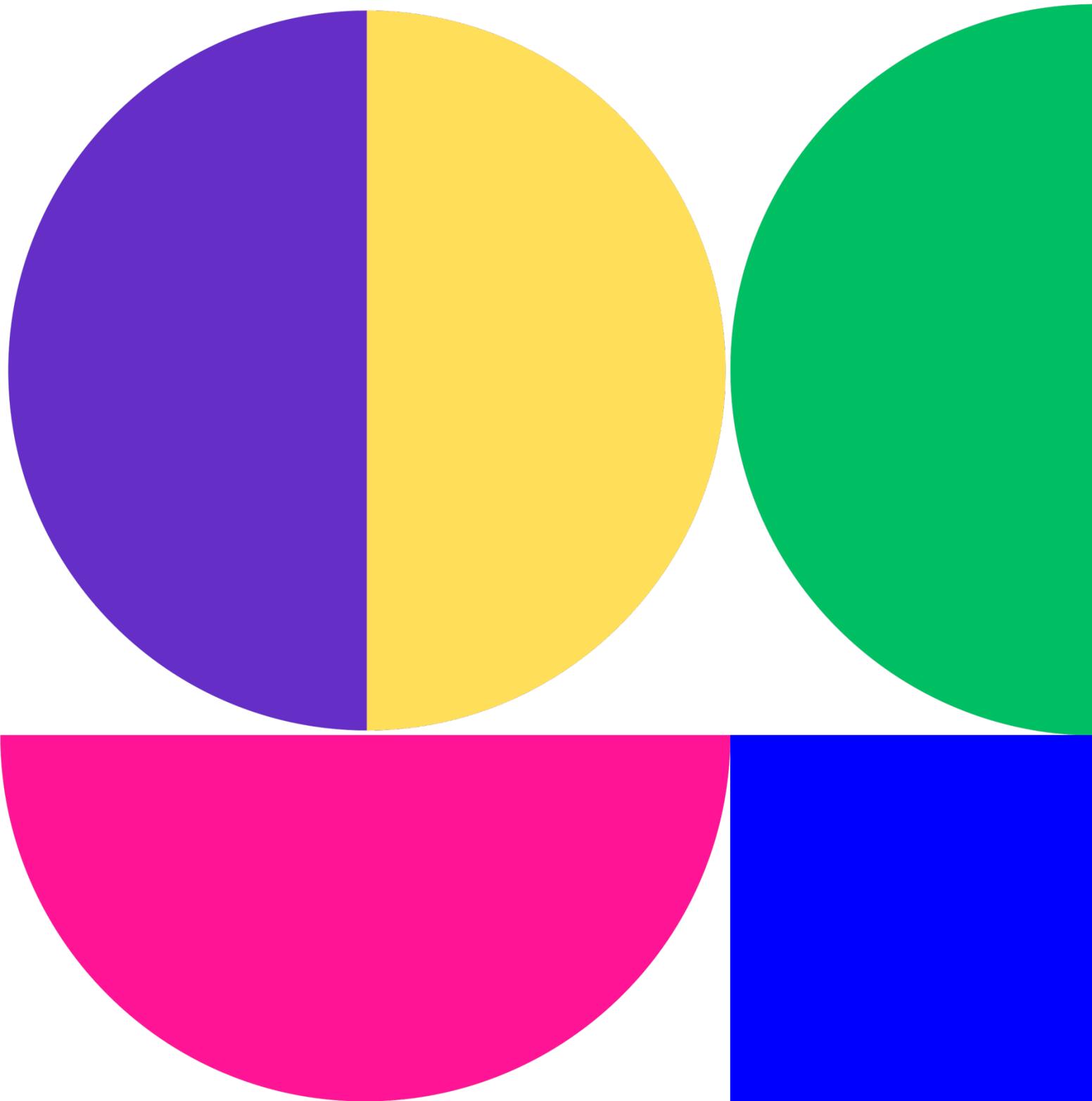
HUMAN FLOURISHING MOVEMENT

# FLOURISHING FUTURES

IPEN Greece's Role in Reimagining  
Education Through Positive Psychology

4 JULY 2025





# Eudaimonia

THE ART OF LIVING WELL

The good life in practice, for human beings as biological creatures whose distinctive ability is the ability to reason.

- Aristotle

# Who We Are

**IPEN Greece's  
Innovation Hub**



HUMAN FLOURISHING MOVEMENT

**Science,  
Technology  
&  
Arts**

**Living Labs  
→ Daily  
Micro-Actions**

**We activate positive  
education by empowering  
Educators, Children & Families**

# Why We're Here Today

**The Urgency.  
The Momentum.  
The Invitation.**

**Need for more compassionate,  
strengths-based, future-ready  
learning environments**





# A Global & Local **Call to Action**

**“1 in 3 students in Greece show signs of anxiety or disengagement.”**  
(SCAS-GR survey; PMC11564383, EKPA 2023)

**“11% academic improvement in schools with SEL programs.”**  
(OECD/IPEN)

**“Education must place human flourishing at its core.”**  
— UNESCO Reimagining our Futures Together

# The Greek Educational Landscape

## Strengths

Storytelling

Connection

Adaptability

## Challenges

Scarce Resources

System-wide stress

Problem-focused mindsets

Now is the time to Reimagine Education...

# Our Origin Story

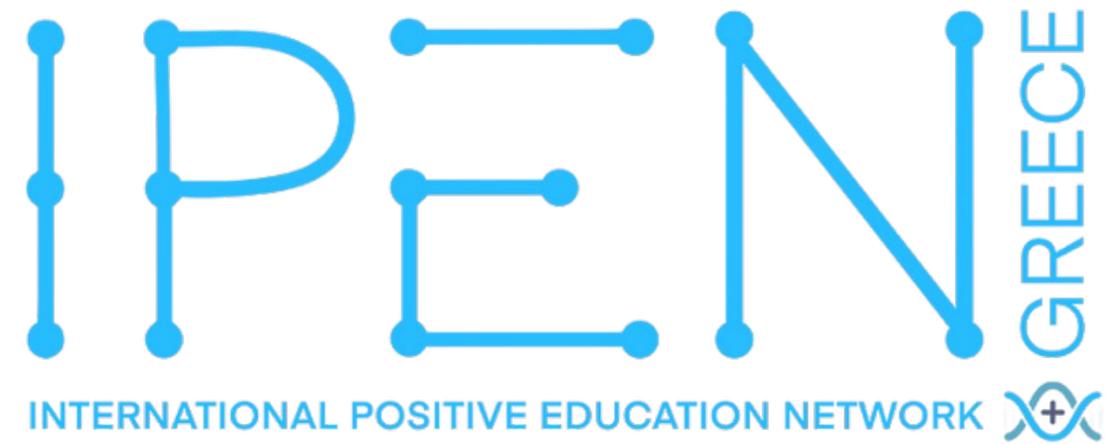
From Personal Crisis to Collective Action

CHOOSE  
HAPPINESS



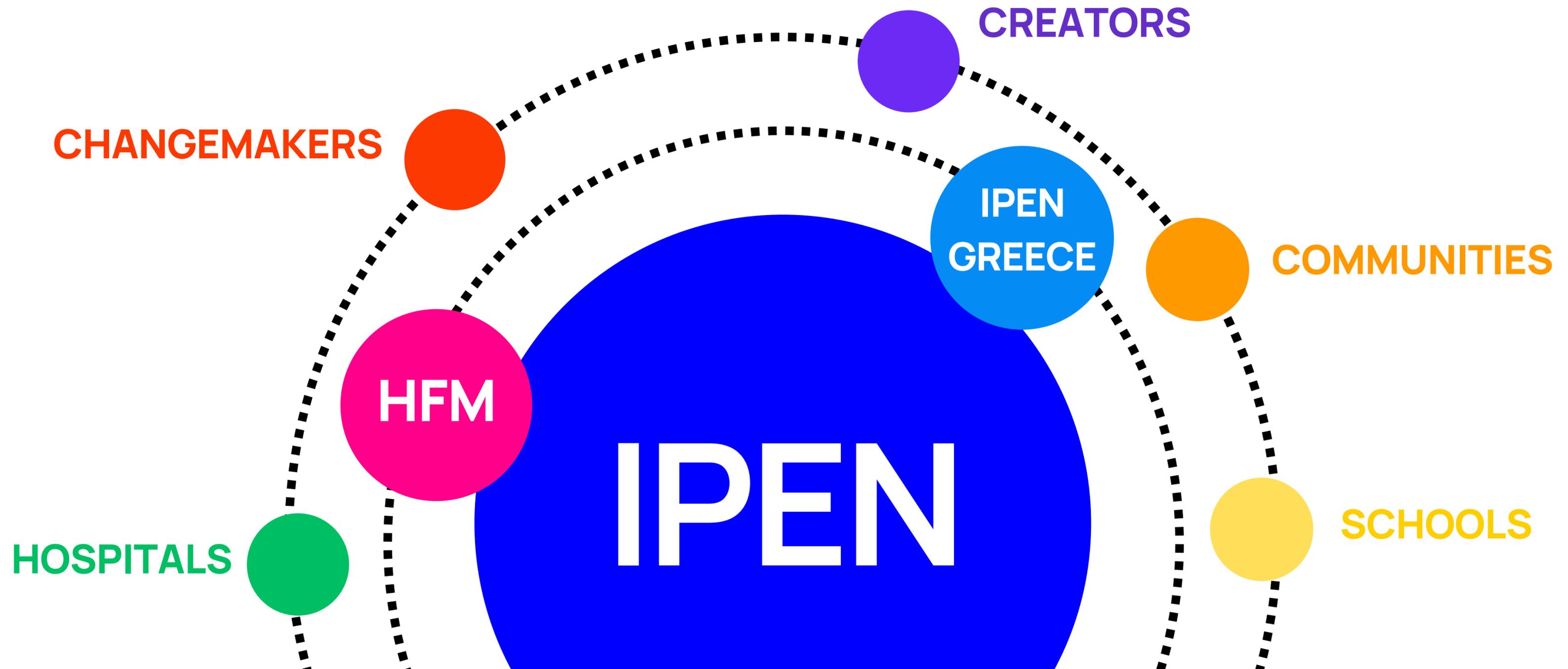
# A Vision Comes to Life

Launching IPEN in Greece



# The Ecosystem

Our Global Anchor

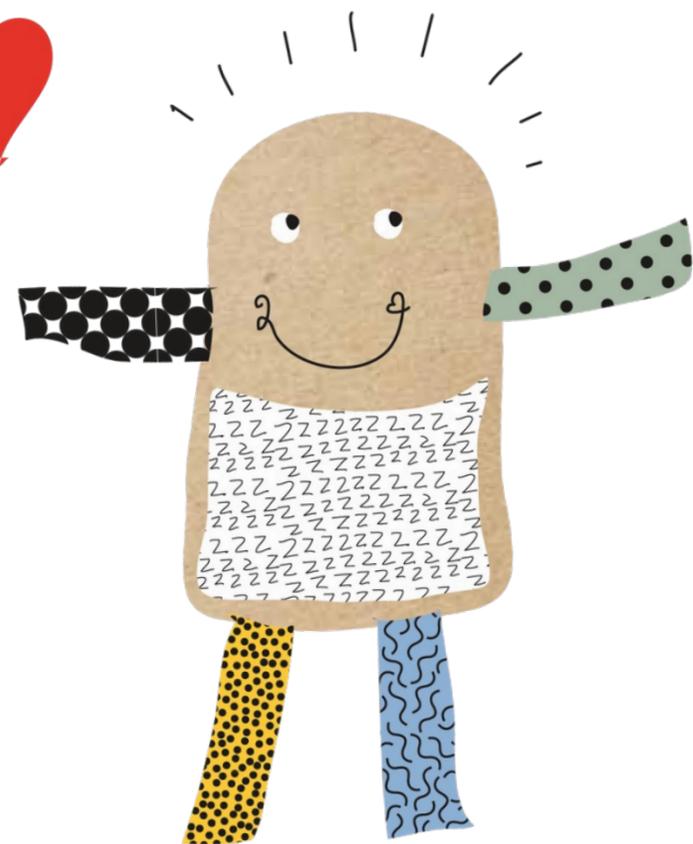


# Case Study 1

## Cultivating Character Strengths & Flourishing in Children

2

GIVINGTWOYOU



“We become virtuous  
by practicing virtue.”

— Aristotle

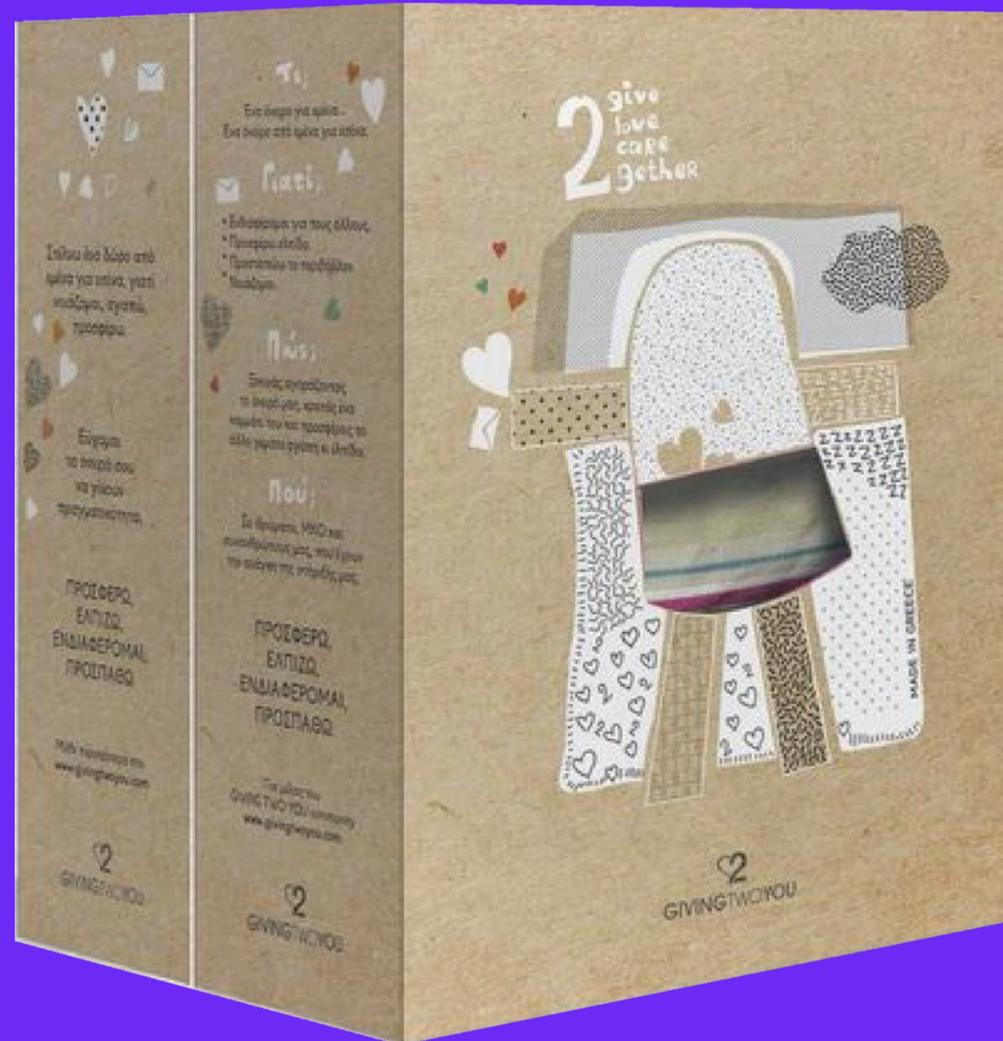


Our flagship learning tool—invites children to practice agency, kindness, love, hope, and perseverance through meaningful, story-driven action.

# The Two Box Experience



GIVINGTWOYOU



Inside each box:

A handmade character called  
“The Dream”

A storybook filled with heart

An activity funbook  
of micro-actions that grow  
well-being from the inside out

ONE to  
GIVE

& ONE to  
KEEP

# A Ripple Box of Care and Connection

A shared experience:

One to keep and nurture our dreams.

One to give—sparking kindness, gratitude,  
and relationships.

**Dream.**

**Story.**

**Action.**





**A Pocket Full  
Of**

**Dreams**





# Story

## Characters

Express key virtues such as  
Hope, Kindness, Courage, and Resilience



# Action

1.

Open the Box

2.

Colour In

3.

Cut Out

- Reflection Activities
- Understanding Character Strengths & Virtues



Create a hanging mobile of Hope and Connection.

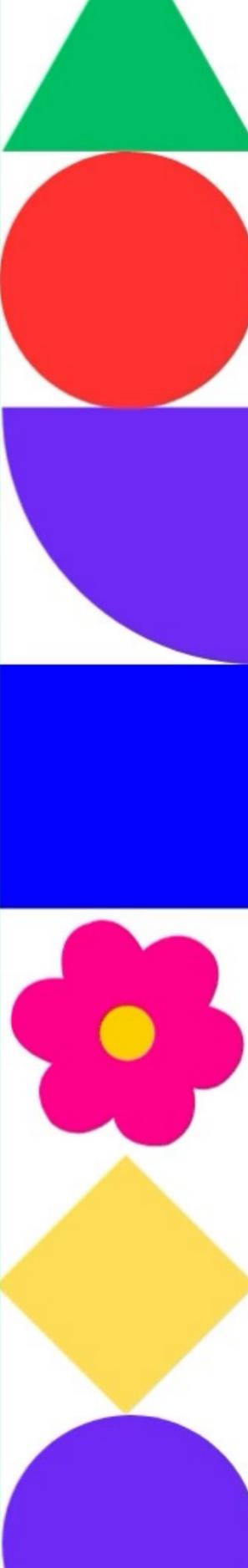
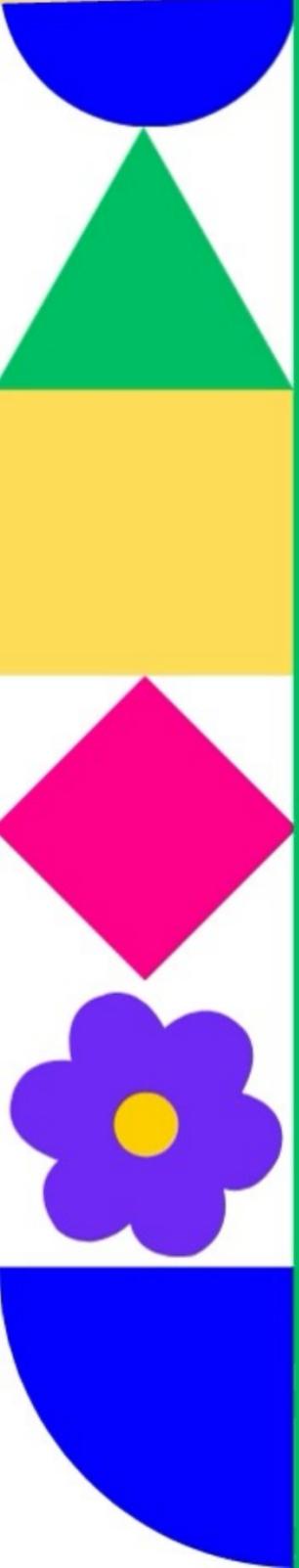




# Case Study 2



# Paixnidagogeio



# Case Study 3

ΕΥΓΝΟΜΟΣΥΝΗ

Gratitude  
Corner

POWERED  
BY HFM

# Impact Snapshot

**2,500**

individuals have participated in our events and workshops

**10,000**

parents have engaged in immersive learning experiences

**1,500**

educators trained in Positive Psychology

**25,000+**

children and students have already experienced these practices

# Our Trusted Partners

THEWELLBEINGLAB

ΕΥΤΕΧΝΕΙΟ



Κέντρο Ειδικών Ατόμων  
η "ΧΑΡΑ"



GIVING TWO YOU

GG Greater Good  
SC Science Center

What  
Really  
Matters

choose love  
movement

COURAGE + GRATITUDE + FORGIVENESS + COMPASSION = THE CHOOSE LOVE FORMULA



Together to the next level

coaching lab  
BY CHRISTINA PAPATHANASIOU

Εκδοτικός οίκος  
ΑΔΕΛΦΟΙ ΒΛΑΣΣΗ

Creating  
meaningful  
change takes  
collective  
action



Παιχνιδαγωγείο  
Παίξω • Ερευνώ • Μαθαίνω

The  
American  
School in  
London

A.M.NOMIKOS

Ελληνοαμερικανικόν  
Εκπαιδευτικόν Ίδρυμα  
Κολλέγιο Αθηνών - Κολλέγιο Ψυχικού



MY IDEFIX II



ΕΚΠΑΙΔΕΥΤΗΡΙΑ  
ΑΥΓΟΥΛΕΑ - ΛΙΝΑΡΔΑΤΟΥ

CIT  
CHILDREN'S INSTITUTE OF TECHNOLOGY

# ...and Collaborations



Mercedes-Benz



COCO-MAT  
sleep on nature



Boston  
Scientific

QUALCO  
Your innovation, realised



DIAGEO





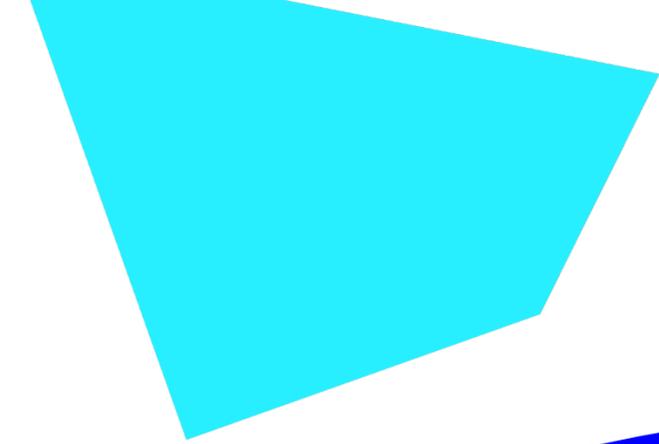
# Activations



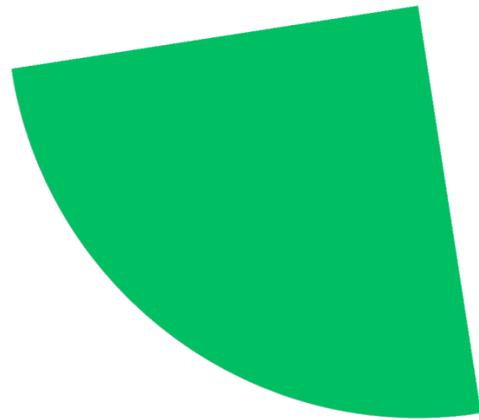
# The Next Chapter: Ripple Buddies



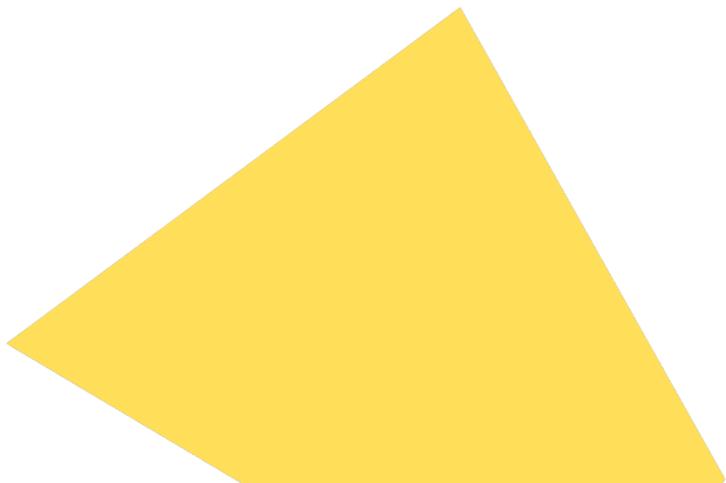
**Pilots & Possibilities**



**Let's Ripple**



**Forward!**





If our vision resonates with yours—  
we'd love to connect and co-create.

For questions, requests and anything  
else we can help with, please email  
us at [info@humanfm.org](mailto:info@humanfm.org)

# Thank You!

[@thehumanflourishingmovement](https://www.instagram.com/thehumanflourishingmovement)

[www.humanfm.org](http://www.humanfm.org)

Breathe in



and trace the lines with your finger while you breathe out