

How can you improve corporate wellness in your organisation?



Human Flourishing Movement

What does the tool give you?

- Personal & organisational wellbeing results reports (crisp & beautiful)
- Personal & organisational wellbeing plans & recommendations (based on latest research)
- Works as an individual coaching tool with a personal & private dashboard

The PERMAH diagnostic tool is all you need to measure and manage corporate wellness.

It is based on one of the most widely used Positive Psychology frameworks!



Positive Emotions



Relationships



Accomplishment



Engagement



Meaning



Health

What are the benefits of using the PERMAH tool?

- Simple, easy to manage & time efficient
- Personal & organizational insights at the tip of your fingertip
- All voices can be heard
- Unlimited & cost-efficient usage
- Monitor progress & prioritise wellbeing investments
- Works standalone or in combo with other initiatives

Why invest in corporate wellbeing?

When people have higher levels of wellbeing they are:

- 6 times more engaged in their work
- almost 50% more likely to feel satisfied with their job
- almost 50% less less likely to experience unhealthy days in the workplace
- ...and they can reach up to 60% lower turnover

Why choose the PERMAH diagnostic tool and HFM?

- ✓ Used by 5,127 organisations in 145 countries around the world like Google, IBM, Deloitte.
- ✓ We have worked with some of the world's leading researchers in the field including Martin Seligman & Carol Dweck.
- ✓ Work with a team of experts in Positive Psychology who walk the talk.
- ✓ HFM has a lot more to offer you and your people – just ask us!

Brought to you by the Human Flourishing Movement in collaboration with The Wellbeing Lab



Contact us to know more!

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